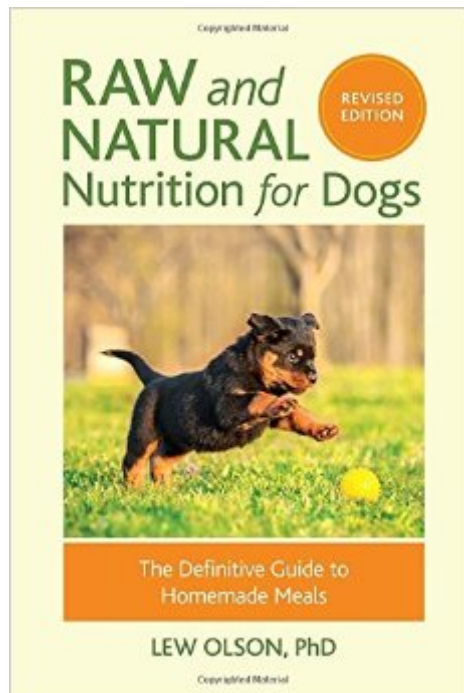


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# Raw And Natural Nutrition For Dogs, Revised Edition: The Definitive Guide To Homemade Meals



## Synopsis

The definitive guide to feeding your dog a balanced and nutritious raw and home-cooked diet, from the founder of a natural pets product company with over thirty years of experience working with dogs. Many people want to prepare their dog's meals at home, but feel it is too complex. *Raw and Natural Nutrition for Dogs* provides a road map to the essentials of canine nutrition, written in easy-to-understand language. Pet owners seeking to give their dogs a better coat, better skin, and healthier teeth and gums, as well as longer lives and more stable temperaments, will benefit not only from the background data in this book, but also the step-by-step instructions and recipes for preparing these diets. The book includes charts with the recipes, instructions on keeping diets simple and balanced, guidelines on preparation, suggestions for finding ingredients, and how much to feed a dog by body weight. There are recipes for healthy adult dogs, as well as guidelines for puppies, senior dogs, and dogs with health conditions including pancreatitis, renal problems, gastric issues, allergies, heart disease, liver disease, and cancer. Tracing the history of feeding dogs, the author shows when commercial dog food rose and took hold of the market. She discusses canine nutritional needs and provides research on how home-prepared foods can meet pets' needs better than commercial, processed dog food. Written with thorough information for the seasoned raw feeder, this guide can also be easily followed by any newcomer to home-feeding. This revised edition includes new information on special care and feeding of pregnant, newborn, performance, and toy breed dogs as well as senior dog considerations and the safety of the raw food diet for dogs.

## Book Information

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## Customer Reviews

While this book could be a decent starting point in learning how to feed your dog a raw diet, I didn't feel like I could trust the author's expertise after reading it. Some of her assertions are decidedly unscientific in nature and presentation, such as telling readers to never feed a dog frozen meat because dog's can't digest meat when it's frozen. Nonsense. And telling readers to never feed a dog Pacific salmon due to liver flukes and that these are lethal to dogs. Does she say what liver flukes are and how and why they are lethal to dogs? Nope. Are liver flukes referenced in the index? Nope. Some scientist. On that topic, it comes across as a little sketchy that the author allegedly has a PhD, but nowhere in her book bio, her bio or another comprehensive bio on the internet does she mention where she obtained this PhD. She does, however, talk about where she got her Bachelor's and where she got her Master's, and that it was in a social science. PhD programs don't usually welcome people with a social science background into a hard science doctoral program because they would generally be lacking the requisite hard science coursework. What PhD talks about their undergrad and Master's programs in their bios and stays silent about their doctoral program? It's all more than a little suspicious. Then there's the constant promotion of a company called B-Naturals and a variety of supplements under the umbrella name Berte's Blend. This company is owned by the author. I don't know if the supplements are any good or not, just that she promotes them endlessly in the book. Personally, I don't have enough faith in her knowledge to try these expensive supplements, and I think there's a possible conflict of interest. She seems to try to avoid mentioning that she is involved in the company. And finally, the book is tremendously repetitive. The book is a bit over 300 pages, but should probably be 200 pages at most, if the repetition was deleted. I am giving this book 2 stars rather than 1 because I think there is enough useful information in the book to get someone started on feeding raw. However, I think that facts should be double checked elsewhere. I am sure that there is lots in this book that is completely accurate, but there is enough suspect material in it that I wouldn't consider it an only source on the topic.

There are a LOT of books on home feeding dogs and honestly most I've read are not worth the paper they are printed on. Lots of misinformation on the internet as well. This book is refreshing because it is authored by an educated, qualified expert. The information is easy to understand but thorough and I especially appreciate that it is free of much of the 'dogma' that persists elsewhere. Many different approaches are presented, with common sense advice for feeding raw, cooked, or

combination diets. Different life stages and health concerns are addressed as well. If you are considering this book be aware that there is an older edition (pictures an Adult Rottweiler on the cover) and then this Brand new Revised Edition - (Pictures a puppy Rottweiler on the cover). Although the older edition is a great book - still better than most, this revised edition is excellent, much broader in topic and well worth the few dollars more. Belongs in the library of every home feeder for sure!!!

I've been feeding a raw diet to my dogs and cats for about sixteen years and I moderate an email list for local/regional folks who feed raw food or want to start doing so. In addition to sharing suggestions on purchasing foods locally, I always recommend that each new member order Dr. Olson's book. There's a ton of information out there and starting our pets on a raw diet can be a little overwhelming, both from a practical standpoint of how to affordably source and store bulk-purchased products and in trying to determine what and how much to feed all sizes of dogs from a 200-lb mastiff to a 6-pound yorkie, especially for those of us in multiple-pet households. The great thing is "ALL breeds and sizes of dogs can successfully eat a raw diet, and this clearly-written book will show you how to accomplish that easily and with confidence. Reading this gem of a book distills the important information we need to know, and puts to rest any worries of doing harm to our pets by not buying those "completely balanced" bags and cans of pet food that we've been conditioned to feed. This book offers recipes and suggestions for readers who intend to feed a complete raw diet, for readers who want provide home-cooked meals, and for those readers who aren't quite ready to make the switch, there is information on how and why to add fresh protein to a mostly-kibble diet. Not everyone's lifestyle can accommodate a switch to all-raw right away and this excellent guide respects that and still provides ways to bolster our pets' health by enhancing their nutrition. This updated version of "Raw and Natural Nutrition" is a helpful guide for long-time raw feeders whose dogs may need new or different nutritional support, and stands alone as a clearly written primer for those who are new to feeding a raw diet or still in the "thinking about it" stage.

Received on Thursday and didn't want to put it down. Full of great info and very easy to understand. This will help you improve your dogs nutrition and health regardless of whether you feed raw, home cooked or commercial. There are basic recipes that you can modify and she even has specific info for cancer, kidney issue, thyroid, gastric, joint and a few more problems that our dogs suffer from. Dr Olson does have references to her line of supplements but she has been selling these for years and

they are high quality. I highly recommend this book if you are looking to improve your dogs health.

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